



CyberParent Tilmaamidda

Sida looga faa'idaysto CyberParent

Australian Multicultural Foundation
2017



TUSMADA

I. HORDHAC	Error! Bookmark not defined.
Waa maxay CyberParent?.....	Error! Bookmark not defined.
Ujeedada CyberParent	Error! Bookmark not defined.
Ujeedada gaalabkan tababarka	Error! Bookmark not defined.
II. SIDA LOO HELO CYBERPARENT	5
III. SIDA LOOLA SOO BAXO CYBERPARENT	6
Safari – iPhone:	6
Google Chrome – Android:.....	8
IV. HAGIDDA CYBERPARENT	10
Hag adoo raacaya falaaraha:.....	11
Hag adoo raaacaya dactalada:	17
V.QORSHAHA KULANKA TABABARKA:	
ISTICMAALKA FUDUDEEYAHA.....	21
Geexidda kulanka Tababarka iyo Saadka	21
Maxaa Macluumaad ah oo loo baahan yahay?.....	24
VI. LIFAAGYADA	25
Lifaaqa 1:.....	29
Lifaaqa 2:.....	30

I. HORDHAC

Waa maxay CyberParent?

Hay'ada Australian Multicultural Foundation (AMF) waxay samaysay barnaamijka internetka oo la yiraahdo *CyberParent* kaas oo ku dhiirri-galinaya isticmaalka internet ammaan ah oo caafimaad qaba guryaha Australia.

Tilmaamidda CyberParent wuxuu ujeedkiisu yahay inuu bixiyo dulmar guud oo ku saabsan mawduucyada iyo ujeedooyinka *CyberParent* iyo inuu dadka cusub u sheego sidii loo heli lahaa, loo soo ceshan lahaa loona isticmaali lahaa *CyberParent* habka ugu waxtar badan.

Waxa kale oo ay bixisaa tababarayaal iyo fududeeye leh qorshe, qalab iyo talooyin ku saabsan socodsiinta tababarka ku saabsan *CyberParent*

CyberParent waxay isticmaashaa barashada isdhexgalka iyo qalabyo si looga caawiyo waalidiinta in ay wax badan ka fahmaan waxa ay carruurtooda ku shaqeeyaan online, gaar ahaan marka la eego warbaahinta bulshada. Inkastoo ay sida badan ku wajahan yihiin waalidiinta, waxaa loo isticmaali karaa qoyska oo dhan.

Ujeedada CyberParent?

Si aad u dabso:

- Shuruudaha internetka iyo qeexitaanada
- Macluumaadka ku saabsan warbaahinta bulshada iyo sharaxaada barnaamijyada caanka ah
- Macluumaad ku saabsan khatarta kala duwan ee dadka dhalin yarada ah internetka. Cyberbullying, ciyaaraha online-ka iyo is-qorista / qorista
- Talooyin wax ku ool ah oo ku saabsan isticmaalka internetka caafimaadka leh oo ammaan ah
- Meesha aad caawin ka heli karto

Ujeedada qaalabkan tababarka

- Si aad u bixiso guudmar ku saabsan mawduucyada iyo ujeedooyinka *CyberParent*.
- Si loo siiyo fududeeyaasha qorshe, qalab iyo talooyin ku saabsan socodsiinta tababarka ku saabsan *CyberParent*.
- Si aad u baratid isticmaalayaasha cusub iyo fududeeyaasha ee ku saabsan sida loo galo, loo soo dajiyo iyo loo isticmaalo *CyberParent* habka ugu waxtar leh.

CyberParent waxaa sidoo kale lagu heli karaa 17 luqadood oo kala duwan, oo ay ku jiraan:

- Ingiriisiga

- Carabi
- Shiineys
- Dari
- Dinka
- Farsi
- Jarmal
- Giriiga
- Hindi
- Indoneesiya
- Talyaaniga
- Pashto
- Isbaanish
- Soomaali
- Turki
- Urdu
- Vietnamese

CyberParent waxaa laga heli karaa dhamaan qalabyada leh internetka, si kastaba ha ahaatee, waxaa lagu naqshadeeyey kumbuyuutarrada iyo taleefannada casriga ah

Barnaamijka dhan ee *CyberParent* waxaa lagu qiyaasaa inuu isticmaalo 25MB xogta internetka. Haddii aad ka walaacsan tahay isticmaalka macluumaadka moobiilka, fadlan isku xir shabakada Wi-Fi ka hor intaadan galin barnaamijka.

Fadlan ogow in qalabkani [aanu](#) ku dabagelin ama soo ururin wax macluumaad ah oo ku saabsan aqoonsigaaga ama goobtaada.

Fadlan waxaad xor u tahay inaad la xiriirto AMF wixii su'aalo dheeraad ah ama welwel ah oo ku saabsan admin@amf.net.au.

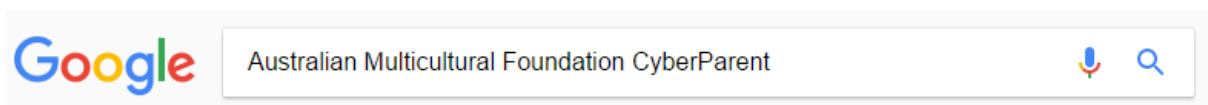
I. Ujeedada CyberParent Tabs

Qaybta	Ujeeddo
Hordhac	<p>Ku soo dhowoow CyberParent! Haddii tani ay tahay markii ugu horeysay ee aad adeegsatid app, fadlan daawo fiidiyawga gaaban ee bilawga ah. Hordhaca waxaa ka mid ah kedis si looga caawiyo inaad ka fikirto habka internetka ee aad ku haysato gurigaaga.</p> <p>Xasuuso, kadiskan maaha imtixaan oo jawaabahaaga lama duubin.</p>
Baro	<p>Baro waa in lagu baro waalidiinta iyo qoysaskooda aasaasiga ah ee internetka iyo qaar ka mid ah khatarta ku hareereysan internetka ee dhalinyarada. Qalabku waxa uu iftiimin doonaa qaar ka mid ah khataraha muhiimka ah ee laga yaabo inay soo food saaraan dhalinyarada isticmaalka internet-ka.</p> <p>Haddii aad jeclaan lahayd macluumaad dheeraad ah oo ku saabsan mid kasta oo ka mid ah mawduucyada Qaybta Waxbarashada, fadlan tixraac ilaha dheeraadka ah ee ku yaal qaybta caawinta.</p>
Ku celceli	<p>Ku celceli wuxuu waalidiinta siinayaa fursad ay ku muujiyaan asluubtooda internetka ee guriga dhexdiisa ah iyo in ay soo bandhigaan fikrado ammaan ah ama caafimaad leh iyaga oo internetka u ah iyaga iyo qoyskooda.</p> <p>Waxaa laga yaabaa inaad doonaysid inaad soo jeedisid talooyinkan oo aad adigu adigu ku habboonaato si aad ugu habboonaato qoyskaaga, maadaama qoys walba uu ka duwan yahay. Xusuusnow, ma jiraan wax sax ah ama khalad ah oo wax qabadka waxyaalaha!</p>
Caawi	<p>Caawi waxaa loola jeedaa isticmaale kasta oo internetka ah khayraadka, shabakadaha iyo ururrada kuwaas oo bixin kara caawinaad dheeri ah ama macluumaad iyaga oo tixgelinaya arrimaha la xalinayo Web App.</p> <p>Haddii aad jeclaan laheyd talooyin ku saabsan sida loo caawiyo carruurtaada oo aad u maamuli lahayd internetka gurigaada, riix batroolka ku habboon. Tusaale ahaan, Office of the eSafety Commissioner wuxuu leeyahay talooyin badan oo amniga internetka loogu talagalay qoysaska.</p>

II. Sida loo helo CyberParent

Ujeedada qaybtan waa in la sharaxo sida loo raadsado xiriirka *CyberParent* iyada oo loo marayo website-ka AMF. Habka ugu fudud ee lagu sameeyn karo waa in la sameeyo raadinta aasaasiga ah ee Google. Si kastaba ha noqotee, isku-xirka *CyberParent* ayaa sidoo kale laga heli karaa bogga internetka ee AMF: <http://amf.net.au/cyberparent>

1. Tag www.google.com.au oo ku qor 'Australian Multicultural Foundation CyberParent' qaybta raadinta:



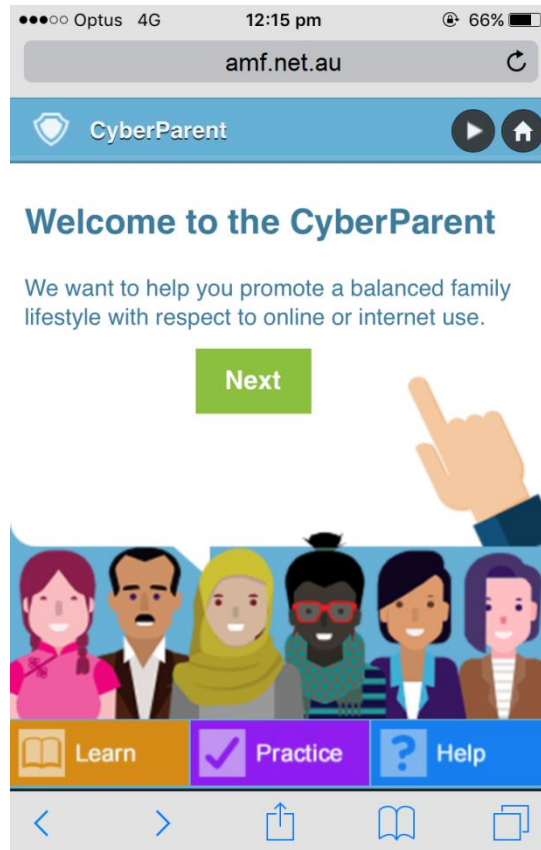
2. Riix linkiga hoose:

[CyberParent - Australian Multicultural Foundation](http://www.amf.net.au/CyberParent)

www.amf.net.au/CyberParent ▼

The **Australian Multicultural Foundation** has developed a web app called *CyberParent* which aims to discuss internet use in Australian homes and safety issues regarding...

3. Hadda waxaad gaartey *CyberParent*:

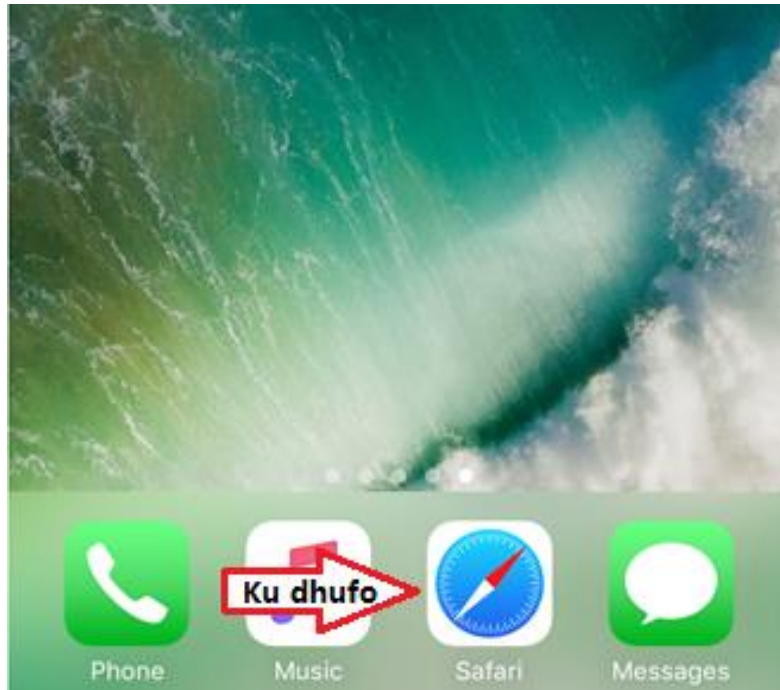


III. Sida

**Ioola soo baxo
CyberParent**

Safari – iPhone:

1. Fadlan ogsoonow in xariirka kaliya lagu soo rogi karo iPhone keliya iyadoo loo marayo Safari. Dareemayaasha kale, sida Chrome, kuma ogalaanayso inaad tan sameyso. Si aad u hesho *CyberParent* Safari, guji astaanta soo socota ee shaashadda gurigaaga oo raac talaabooyinka kor ku xusan qeybta II (Sida loo helo *CyberParent*):



2. Kadib markaad u socoto bogga internetka ee *CyberParent*, riix badhanka hoose ee bogga Safari:



3. Markaad riixdo batoonkaan, daaqad yar ayaa ka soo baxaysa birawsarkaaga. Guji badhanka “Add to Home Screen”:

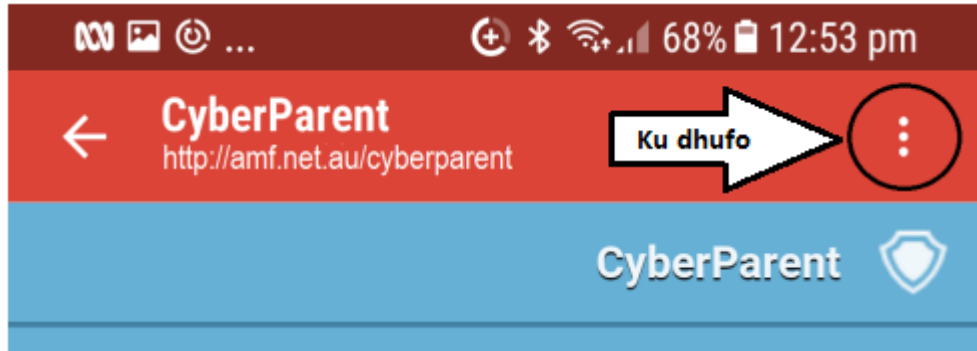


4. Webka appka hadda waa la soo dajiyay oo waa u diyaar inuu isticmaalo telefoonkaaga:

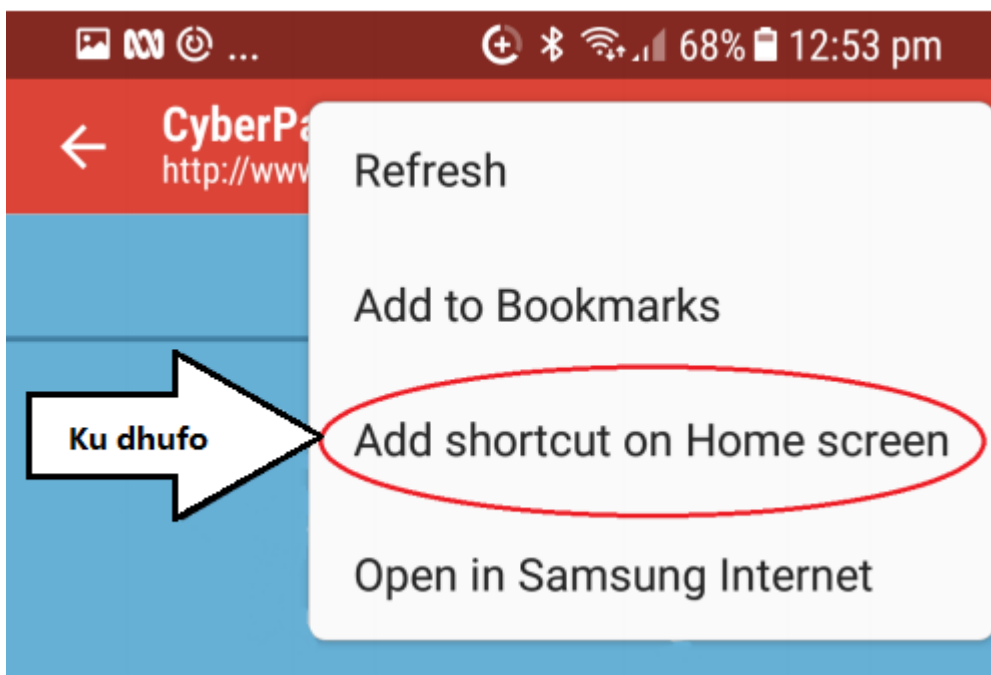


Google Chrome – Android:

1. Kadib markaad u socoto shabakadda internetka *CyberParent* (<http://amf.net.au/cyberparent>), riix badhanka dhinaca geeska midig ee shabakada Chrome:



2. Marka aad gujisiid batoonkan, tabar yar ayaa soo kici doona. Riix batoonka '**Add shortcut to Home Screen**' ugu hooseysa liiska:



3. Barnaamijka webka hadda waa la soo dejiyey waana u diyaar inuu isticmaalo telefoonkaaga:



IV. Hagidda CyberParent

Waxaa jira laba siyaabood oo kala duwan oo loo marayo *CyberParent*. Ugu horreyn waa in la dhamaystiro barnaamijka oo dhan laga bilaabo bilowga ilaa dhamaadka iyada oo la raacayo ballanqaadyada iyo. Gujinta **fallaadha**. Tani waa la doorbidaa haddii ay tahay markii ugu horeysay ee aad isticmaasho *CyberParent*.

Qaabka labaad waa inaad isticmaashid **tabs** meesha hoose ee shaashadda si toos ah ugu soco meesha aad rabto inaad tagto. Doorashadan ayaa ka fiicnaan karta haddii aad jeclaan lahayd inaad dib u eegto bog gaara ama haddii aad jeceshahay inaad u muujiso qof wax gaar ah.

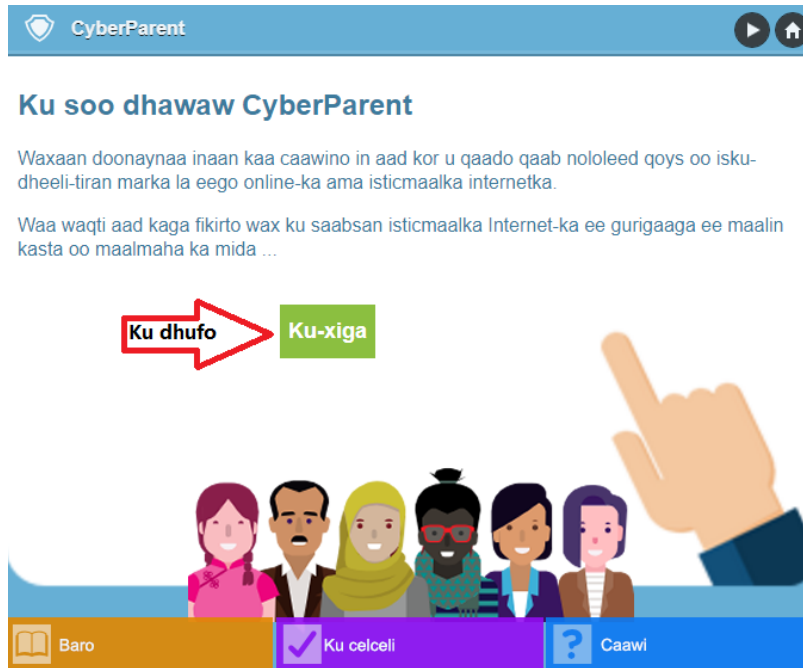
Qaybtani waxay sharxi doontaa siyaabaha loo marayo *CyberParent*.

Markaad hesho *CyberParent* (eeg qaybta II), waxaa lagugu martiqaadi doonaa inaad daawato hordhac gaaban. Riix badhanka 'Start' si aad u bilowdo. Haddii aad horay u aragtay hordhaca ka hor oo aad jeclaan lahayd inaad si toos ah ugu tagto bogga, guji 'Skip' ee geeska bidixda ee shaashadda:



Hag adoo raacaya falaarah:

1. Bogga hoyga, riix 'Next' si aad u bilowdo barnaamijka:



2. Waxaa lagu sheegi doonaa inaad buuxiso kediska gaaban. Riix fallaadhka weyn ee dhexda dhexda si aad u maqashid codka kediska. Haddii fallaarta waaweyni baaba'do, ama aad rabto in aad maqasho codka mar kale, riix fallaadhaha yar yar ee dhinaca sare ee shaashadda:

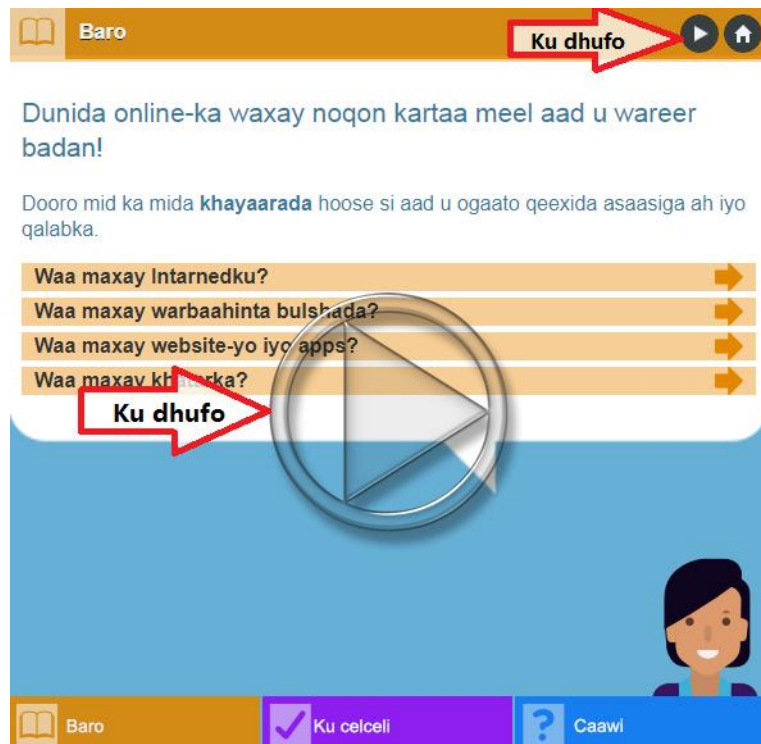


3. Riix

mid kasta oo ka mid ah su'aalaha. Markaad dhameysid baaritaanka, waxaad u muuqaneysaa inaad si dhakhso ah u bilaabi doonto barnaamijka. Riix erayga jaallaha ah **Baro** si aad u bilowdo:



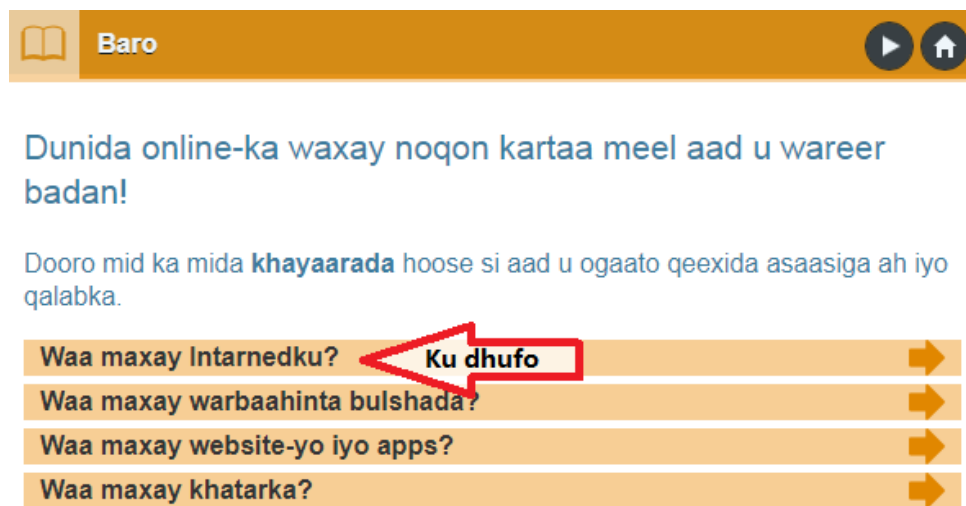
4. Riix fallaadhka weyn ee dhexda ku yaala si aad u maqashid codka **Baro**. Haddii foornada waaweyni baaba'do, ama aad rabto in aad maqasho codka mar kale, riix fallaadhaha yar yar ee dhinaca sare ee shaashadda:



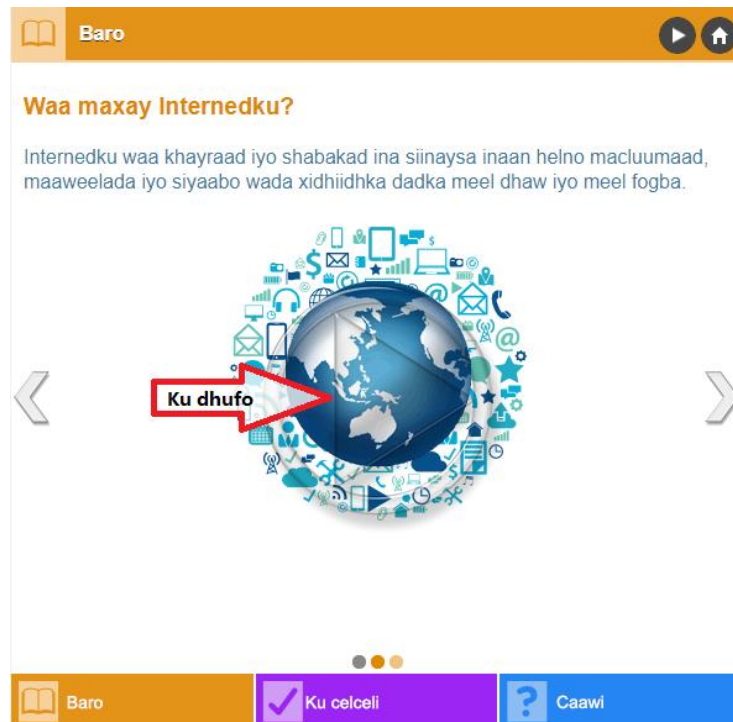
5. Guji

ikhtiyaarka kowaad, 'Waa

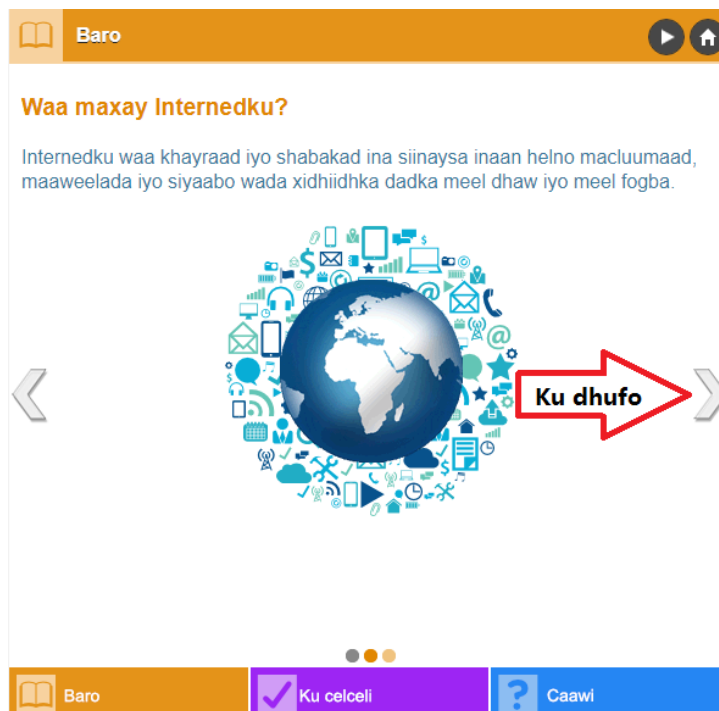
maxay internetka?' Si aad u bilowdo:



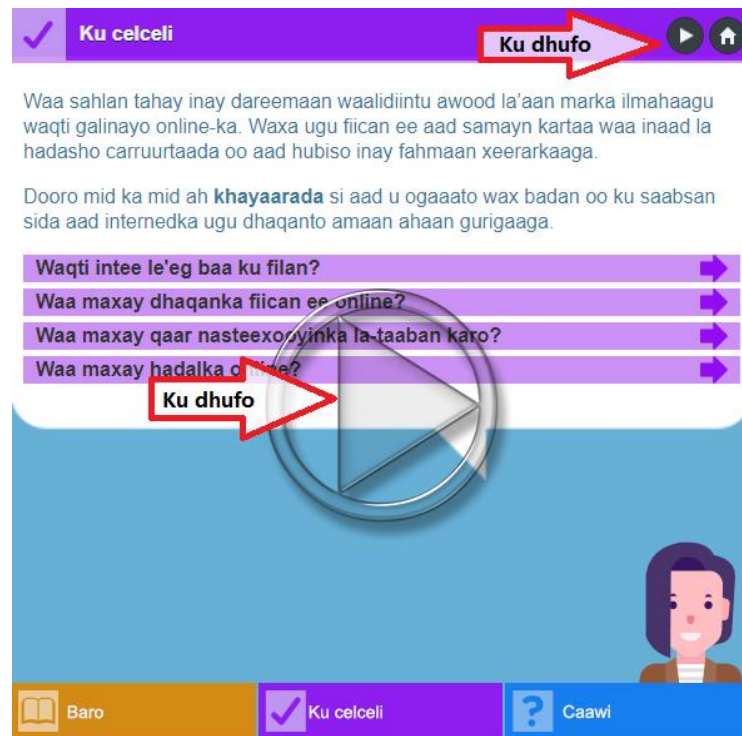
6. Ku celi Tallaabada 4: Riix fallaadha wayn ee dhexda shaashada si aad u maqashid codka kediska. Haddii foornada waaweyni baaba'do, ama aad rabto in aad maqasho codka mar kale, riix fallaadhaha yar yar ee dhinaca sare ee shaashadda:



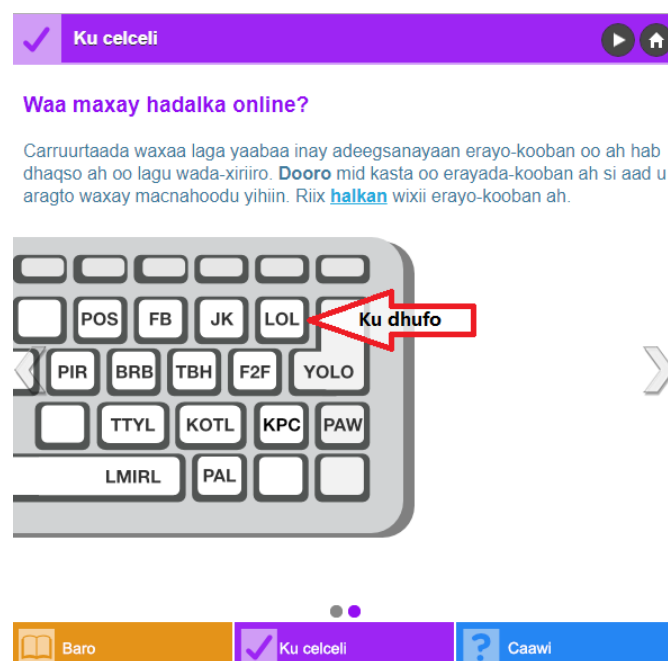
7. Marka aad dhageysato codka ama aad akhriso qoraalka, riix fallaadha dhinaca midig ee shaashadda si aad u sii wadato Ilaa bogga xiga:



8. Ku celi Tallaabooyinka 6 - 7 ilaa aad dhammeystirto qeybta **Baro**.
9. Marka aad dhammaystirto qaybta **Baro**, qaybta **Ku celceli** ayaa si toos ah u bilaabi doonta. Ku celi tallaabooyinka 4 - 7 adigoo isticmaalaya fallaaraha si aad u dhammaystirto qeybta **Ku celceli**:



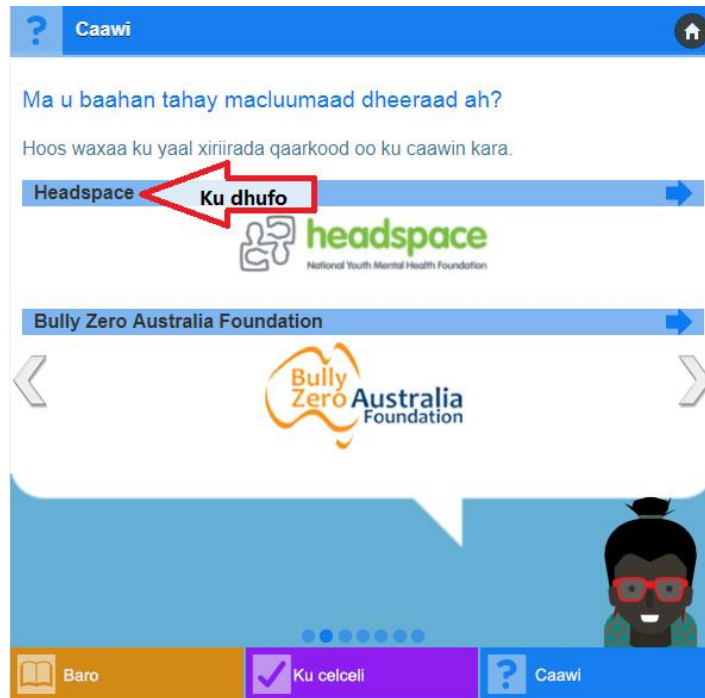
10. Markaad gaadho 'Waa maxay khudbadda internetka?', Waxaad heli doontaa ikhtiyaarka inaad ku dhejiso jilayaasha kala duwan ee kumbuyuutarka si aad u ogaato mid kasta oo ka mid ah ereyo kooban. Tusaale ahaan, riix 'LOL' si aad u ogaato waxa ay ka dhigan tahay:



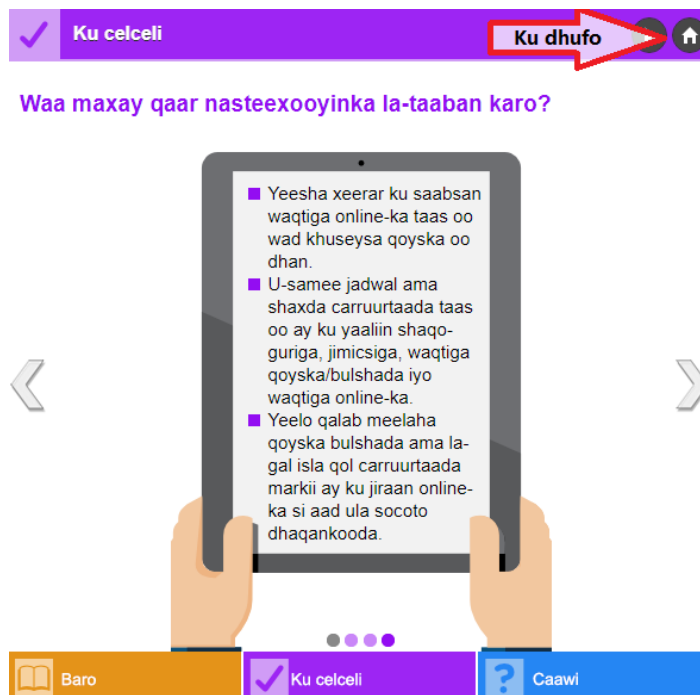
11. Qeexitaanka ayaa soo bixi doona markaad riixdo astaanta. Tusaale ahaan:



12. Markaad dhammeystirto qeybta **Ku celceli**, qaybta **Caawi** ayaa soo baxaysa. Ujeedada qaybta **Caawi** waa inay bixiso xiriirka shabakadaha oo bixin kara macluumaad dheeraad ah oo ku saabsan qaar ka mid ah mawduucyada ay ka hadlaan *CyberParent*. Haddii aad jeclaan lahayd inaad booqato websaydhka liiska ku qoran, riix cinwaanka:

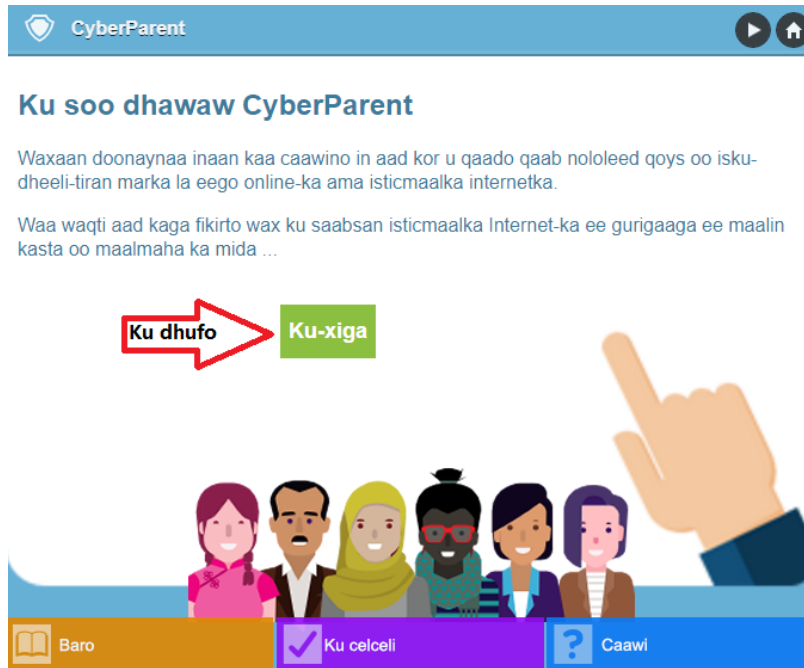


13. Haddii aad jeceshahay inaad ku noqoto bogga bilawga ah ee *CyberParent* wakhti kasta, guji icon ikhtiyaarka ah ee dhinaca sare ee shaashada:



Hag adoo raaacaya dactalada:

1. Bogga mawduuca, riix 'Ku-xiga' si aad u bilowdo barnaamijka:



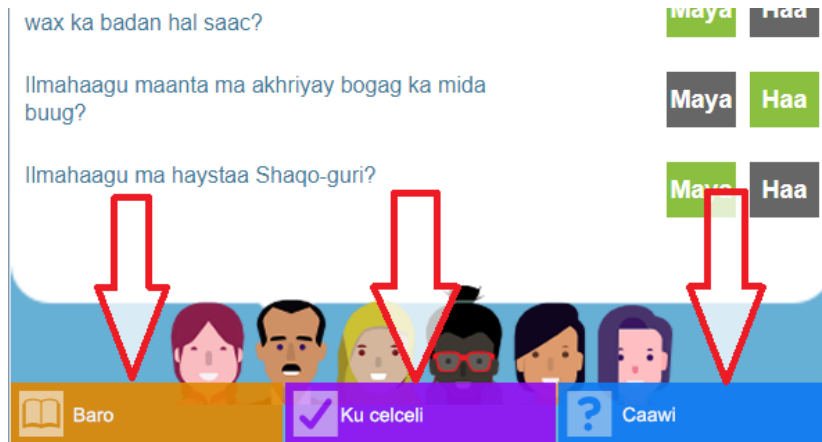
2. Haddii aad jeclaan lahayd inaad dhameysid kediska, riix falaarta wayn ee dhexda shaashada ah si aad u maqashid codka kediska. Haddii fallaarta waaweyni baaba'do, ama aad rabto in aad maqasho codka mar kale, riix fallaadhaha yar yar ee dhinaca sare ee shaashadda:



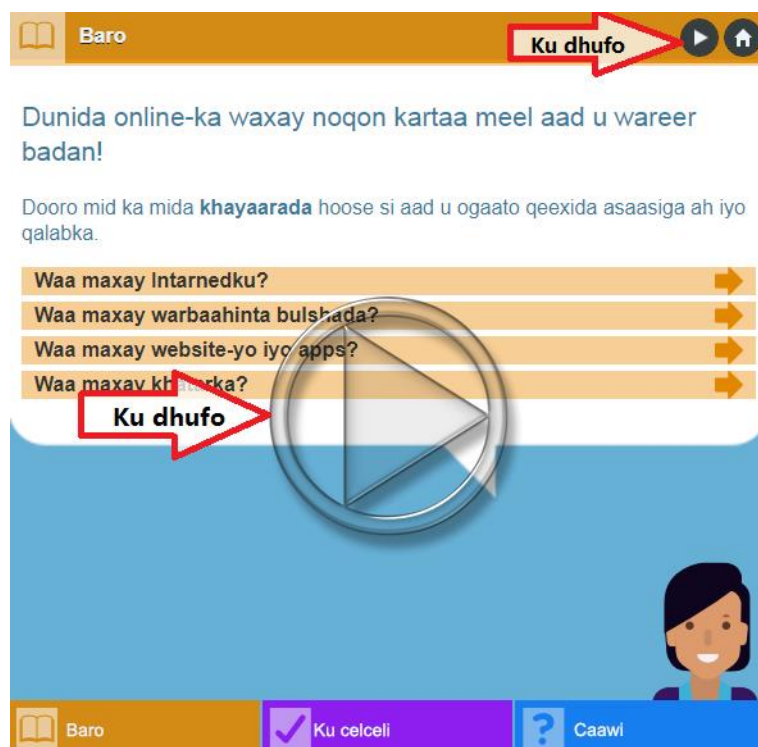
aad dhameysey kedibkii oo aad jeclaan lahayd inaad si toos ah u socoto bogga

3. Haddii horey u

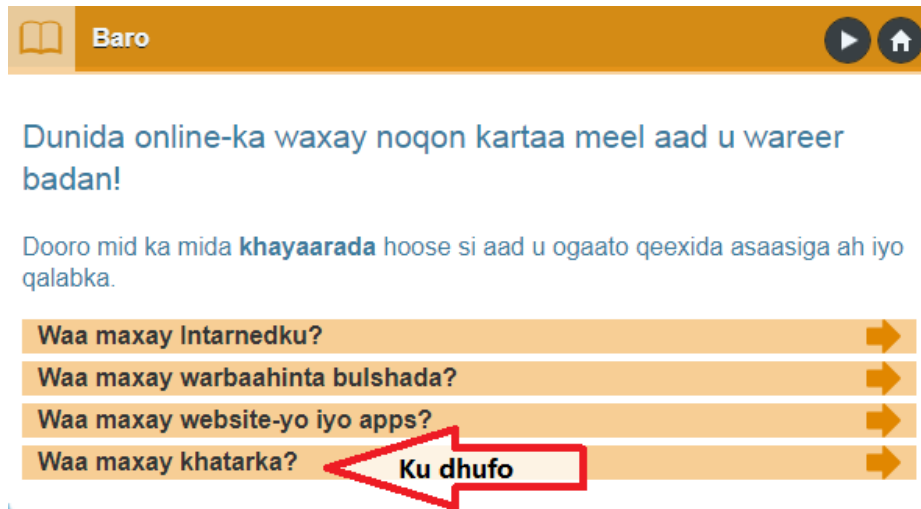
gaarka ah ee CyberParent, waxaad samayn kartaa sidaas waxaadna isticmaali kartaa saddexda **taabab** ee hoose ee shaashadda:



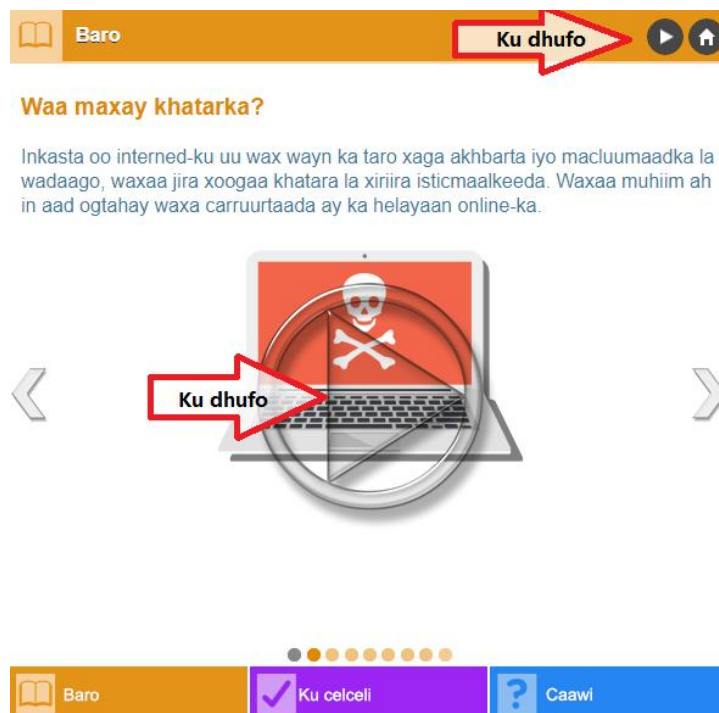
4. Tusaale ahaan, haddii aad jeclaan lahayd inaad si toos ah bogga ugu sheegto **khatarta** internetka, waxaad ku dhajisaa Tabka **Baro** ee hoose ee shaashadd. Riix fallaadhka weyn ee dhexda ku yaala si aad u maqashid codka **Baro**. Haddii foornada waaweyni baaba'do, ama aad rabto in aad maqasho codka mar kale, riix fallaadhaha yar yar ee dhinaca sare ee shaashadda:



5. Hadda waxaad ku dhejin kartaa su'aasha 'Waa maxay khatarka?.



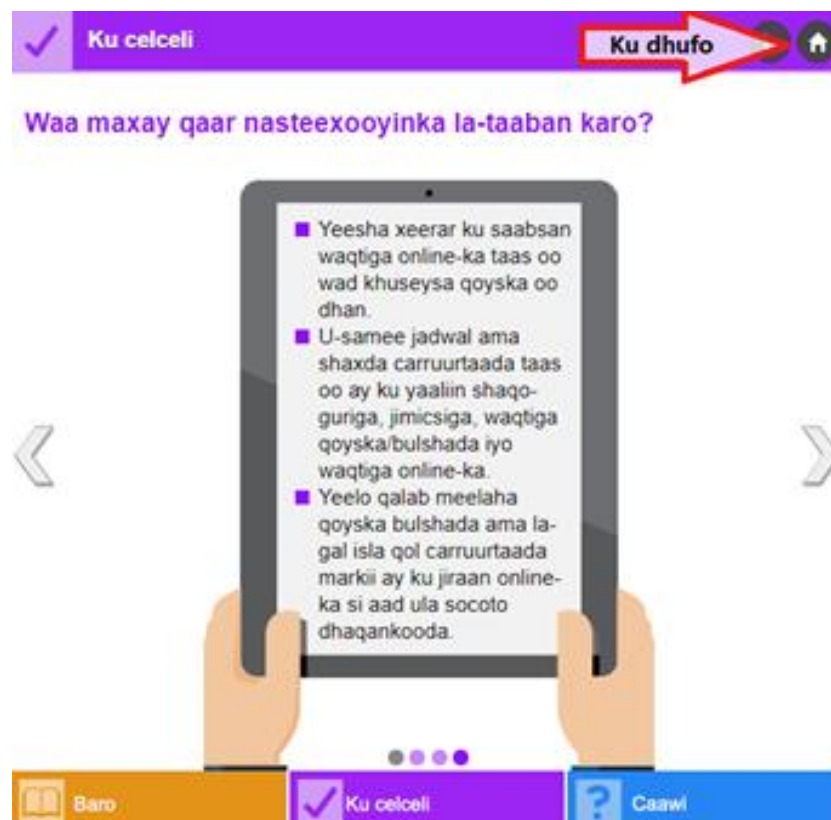
6. Hadda waxaad u socotey bogga aad rabto inaad aragto. Ku celi Tallaabada 4 si aad u dhageysatid codka.



7. Isticmaal fallaarada bidixda iyo midigta shaashadda si aad u tagto 'Waa maxay khataruhu?' qayb ka mid ah barnaamijka. Sidaas baddelkeeda, waxaad isticmaali kartaa dhibcaha oo ka sarreysa taabka:



8. Haddii aad jeceshahay inaad ku noqoto bogga bilawga ah ee *CyberParent* wakhti kasta, riix icon icon ee dhinaca midig ee shaashadda:



V. Qorshaha kulanka Tababarka: Isticmaalka fududeeyaha

Ujeedada Qeybtaani waa in ay bixiso qorshe iyo talooyin ku saabsan **fududeeyaha** socodsiiya tababarka ku saabsan *CyberParent*. Waxaa loola jeedaa in tababarka tababarku uu socon doono qiyaastii 90 daqiiqo si loogu oggolaado wadahal, su'aalo iyo qiimeyn gaaban. Waxaa lagu talinayaa in fududeeyayaashu ay wadaan kulanno qiyaastii 10 - 20 kaqeybgalayaasha, iyada oo la adeegsanayo mashruuc ay ku maamulaan barnaamijka *CyberParent* koox ahaan

Geexidda kulanka Tababarka iyo Saadka:

Tusaalooyin sambal ah ee casharka waa sida soo socota:

Waqti	Waxqabadka	Faahfaahin
5 daqiiqo	<u>Hordhac iyo Diiwaangelin</u>	<ul style="list-style-type: none"> - U sharax cidda aad tahay iyo waxa aad ku daboolayso Casharka - Soo qaado magaca kaqaybgalayaasha, emailka iyo lambarka taleefanka ee xaashida diiwaangelinta (eeg lifaaqa 2). Fadlan ogow: tani waa macluumaadka loogu talagalay fududeeyaha gaarka ah - Faahfaahin ujeedooyinka kulanka (fiiri Qaybta I ee qalabkan) oo si kooban u falanqee mawduucyada <i>CyberParent</i>. <ul style="list-style-type: none"> a. <i>Ka dhig ka qaybgalayaasha inay dareemaan raaxo iyo inay hubiyaan in ay waydiin karaan su'aalo wakhti kasta inta lagu jiro fadhiga oo dhan.</i>
30 daqiiqo	<u>Dood-wadaag Guud</u>	<ul style="list-style-type: none"> - Isticmaal waxqabadyada soo socda si ay u fududeeyaan wadahal kooxeed ee ku saabsan sida internetka loo isticmaalo gurigooda iyo xeeladaha ay isticmaali karaan si loo kormeero: <ul style="list-style-type: none"> a. Ma isticmaashaa internetka maalmaha / maalin kasta? b. Haddii ay sidaas tahay, maxaa loogu talagalay? Carruurta ma isticmaalaan internetka maalin kasta? c. Miyaad kalsooni ku qabtaa isticmaalka internetka? d. Miyaad ka warqabtaa khataraha jira ee loogu talagalay dhalinyarada isticmaalaya internetka? e. Sidee u isticmaashaa isticmaalka internetka gurigaaga? f. Maxay tahay dareenka aad u leedahay carruurtaada markaad internetka isticmaasho?
5 daqiiqo	Tilmaamaha: Sida loo helo	Eeg: Qeybta II ee qalabkaan

	Internet CyberParent	<ul style="list-style-type: none"> - Isticmaal tilmaamahan si aad ugu sharaxdo ka qaybgalayaasha sida loo helo xiriirka CyberParent adoo samaynaya raadinta Google, iyo adoo aadaya bogga internetka ee AMF. <ul style="list-style-type: none"> a. Hubi inaad soo ururiso cinwaanada emailka iyo lambarrada gacanta (haddii ka qaybgalayaashu raaxo u leeyihiin inay ka tagaan faahfaahintooda) si aad ugu soo diri kartaa emails / qoraallo leh isku xirka <i>CyberParent</i> iyo qalabka. <p>Sidoo kale u gudbi adiga oo isticmaalaya mashruuc ama kombiyuutar si aad ugu sharaxdo kooxda oo dhan.</p>
5 daqiiqo	Bandhigga: Sida loo soo dejiyo <u>CyberParent</u>	<p>Eeg: Qeybta III ee qalabkaan.</p> <ul style="list-style-type: none"> - Isticmaal tilmaamahan si aad ugu sharaxdo ka qaybgalayaasha sida ay u soo dejisan karaan iskuxirka sidaa daraadeed CyberParent si sahlan loogu heli karo wakhti kasta. - Haddii aad haysato waqti, waxaa lagula talinayaa in aad ka qaybgalayaasha ka caawiso telefoonada casriga si ay taasi u sameeyaan inta lagu jiro kalfadhiga si ay u raacaan CyberParent horay loo soo dejiyey. <ul style="list-style-type: none"> a. <i>Tani waxay qaadan doontaa wakhti maadama habka ay tani u kala duwan tahay taleefanka</i>
5 daqiiqo	<i>CyberParent</i> <i>Kadis ah</i>	<ul style="list-style-type: none"> - <i>Marka la soo dejiyo CyberParent: u ogolow ka qaybgalayaasha in ay qaataan hal daqiiqo ka jawaabista su'aalaha ku jira baaritaanka - taasi waa fursad ay ku muujiyaan astaamaha internetka ee guriga.</i> <ul style="list-style-type: none"> a. <i>Tani waxaa loo samayn karaa koox ahaan - u sharax in ay tahay uun oo kaliya si dhakhso ah nooga fikiraya, mana aha imtixaan.</i>
30 daqiiqo	<u>Fahmida</u> <u>CyberParent</u>	<ul style="list-style-type: none"> - Ka hadal mid kasta <u>marxaladaha kala duwan ee CyberParent:</u> <ul style="list-style-type: none"> a. Imtixaanka guriga (bilawga bilowga) - waxaa jira laba siyaabood oo kala duwan oo loo socdo. Ugu horreyn, si aad u raacdo ballanqaadyada iyo fallaarada iyo ku dhex maraan tallaabo tallaabo ah barnaamijka. Marka labaad, isticmaal tabarrada hoose si aad u socoto meesha aad rabto inaad tagto. Doorashadan labaad ayaa wanaagsan haddii aad horayba ugu jirtay CyberParent bilawga ilaa dhammaadka kahor waxayna jeclaan laheyd

		<p>inaad gaarto meel gaar ah. Ujeeddooyinkeenna maanta, waxaan ku socon doonaa iyada oo laga bilaabo bilawga ilaa dhammaadka</p> <p>b. Sharax ujeedada mid kasta oo ka mid ah Taabashooyinka:</p> <ul style="list-style-type: none"> ▪ Baro waa in lagu baro waalidiinta iyo qoysaskooda aasaasiga ah ee internetka iyo qaar ka mid ah khatarta ku hareereysan internetka ee dhalinyarada. ▪ Ku celceli wuxuu waalidiinta siinayaa fursad ay ku muujiyaan asluubtooda internetka ee guriga dhexdiisa ah iyo in ay soo bandhigaan fikrado ammaan ah ama caafimaad leh iyaga oo internetka u ah iyaga iyo qoyskooda. ▪ Caawi waxaa loola jeedaa isticmaale kasta oo internetka ah khayraadka, shabakadaha iyo ururrada kuwaas oo bixin kara caawinaad dheeri ah ama macluumaad iyaga oo tixgelinaya arrimaha la xalinayo Web App. <p>c. <i>Inta lagu jiro qaybta Barashada, hubi inaad joojisid oo ka wada hadashaan mawduuca wakhti kasta oo aad waydiiso ka qaybgalayaasha haddii ay khusayso noloshooda. Waa maxay noocyadda barnaamijyadu ay carruurtu isticmaalaan? Website-yada nooc ee ah ayaad booqan kartaa had iyo jeer</i></p> <p>d. Waa maxay khatarka ah waa in si ballaaran loo baro, oo u oggolaanaya wadahadal sahlan oo sharaxaya arrimo kasta si faahfaahsan si loo hubiyo in kaqaybgalayaashu ay ka warqabaan khatarta kasta. Way ku caawin kartaa in aad waydiiso ka qaybgalayaasha haddii ay, carruurtooda ama asxaabtooda ay la kulmeen mid ka mid ah halista iyo haddii ay sidaas tahay, maxey sameeyeen si ay u xaliyaan xaaladda</p> <p>e. Ku celceli Ku celceli ayaa laga yaabaa inuu waqti badan qaato maaddaama ay tahay mid aad u xiiso badan. Tusaale ahaan:</p> <ul style="list-style-type: none"> ▪ <i>Isbeddelka akhlaaqda ku taxan 'muddada aad ku filan tahay' waa in</i>
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		<p>laga wada xaajoodo macnaha markaa kaqaybgalayaashu aanay ka baqdin qabin - u sharax waalidka haddii ay ogaadaan in carruurtooda ay waqti badan ku bixiyaan internetka oo ay arkaan calaamadahaas Noqo calaamad in ay bedeli karaan caadooyinkooda internetka.</p> <ul style="list-style-type: none"> ▪ Ku dhexmar kuwiiska wadajir ah ka codso ka qaybgalayaasha jawaabaha ▪ Adkee fariimaha muhiimka ah ee ku saabsan taageeridda carruurta iyo in lala xiriiro iyaga oo ku saabsan caadooyinkooda internetka halkii laga dhigi lahaa iska-indhatirid ama la jahwareeriyo iyaga. ▪ Kala hadal fikradaha la taaban karo oo koox ahaan ah, kuna martiqaad ka qaybgalayaasha in ay ka hadlaan haddii ay isticmaalaan habab kasta oo guryahooda ah, iwm. Shaashadda ka hor shaqada guriga. Sidoo kale cadee in ay kuwani yihiin talooyin aan sharciyeyn - qoys kasta oo leh qaab u gaar ah. ▪ U dir ka qaybgalayaasha yaryar si ay u akhriyaan waqtigooda acronyms. <p>f. Waqti u qaad si aad u sharaxdo ujeedada mid kasta oo ka mid ah ilaha ku qoran Caawi bogga - gaar ahaan kuwa dhibaatooyinka ah si markaa ka qaybgalayaashu ay ka warqabaan halka laga tagayo noocyo kala duwan oo gargaar ama macluumaad ah</p> <ul style="list-style-type: none"> ▪ Haddii aad haysato wakhti aad adigu gujisid xiriiriyeyaasha iyo sharaxaadda waxa urur kasta uu sameeyo waa mid waxtar leh.
5 daqiiqo	Luqadaha CyberParent	<ul style="list-style-type: none"> - U sharax ka qaybgalayaasha in <i>CyberParent</i> lagu heli doono 17 luqadood oo kala hadal iyaga. Luqadaha waxaa ka mid ah: English, Arabic, Chinese, Dari, Dinka, Farsi, German, Greek, Hindi, Indonesian, Italian, Pashto, Spanish, Somali, Turkish, Urdu and Vietnamese.
10 daqiiqo	Dhammaynta su'aalaha	<ul style="list-style-type: none"> - Weydii su'aalaha ka qaybgalayaasha ku saabsan <i>CyberParent</i>, waxyaabaha ay ka kooban ama mid kasta oo ka mid ah mawduucyada laga wada hadlay kulanka oo idi

5 daqiiqo	Qiimeynta (Ikhtiyaari)	<p>Eeg: Lifaafa 1 ee loogu talagalay template</p> <p>Fadlan ogsoonow qiimeyntan ayaa ah ikhtiyaar. Hadafeedii ugu horeeyay waa in la ogaado qiimeynta kulamada gaarka ah ee fududeeyaha. Inkastoo fududeeyayaasha aan looga baahnayn inay soo celiyaan xaashida qiimeynta, AMF waxay soo dhaweynaysaa wixii jawaab celin ah oo ka yimaada fududeeyayaasha.</p> <p>Qoraal qiimeyn hal bog oo diyaar u ah inaad siiso qof kasta. U ogolow shan daqiiqadood in ay buuxiyaan xaashida. Haddii aad rabto falanqayn dheeraad ah ama aad aaminsan tahay in qiimeyn fool ka fool ah ay noqon doonto mid ku habboon, su'aalaha muhiimka ah waxaa ka mid ah:</p> <p>a. Miyaad casharka ka heshay maanta? Maxay tahay sababta/sababta aan u ahayn?</p> <p>b. Maxay ahayd qaybta ugu wax ku oolka badan ee casharka maanta?</p> <p>c. Ma u malaynaysaa in CyberParent Web App inuu adiga iyo qoyskaaga kaa caawin karo hagaajinta internetka ee guriga?</p> <p>d. Sidee ayuu CyberParent Web App ugu fiicnaan karaa inuu ku caawiyo adiga iyo qoyskaaga?</p> <p>e. Waa maxay macluumaadka kale / khayraadka kaa caawin kara sameynta caadooyinka caafimaad ee caafimaad / ammaan leh ee gurigaaga?</p> <p>f. Maxay tahay dareenka ugu weyn ee ammaanka internetka?</p>

Maxaa Macluumaad ah oo loo baahan yahay?

- Kombuyuutar (doorbidayaa shaashadda saqafka iyo fiilooyinka iyo hadalkooda)
- Gelitaanka Internetka
- Qolka tababarka ee ku filan oo loogu talagalay kaqeybgalayaasha iyo fudaydiyayaasha
- Shaaha / Kaafi iyo cunto fudud
- Xaashida qiimeynta, xaashida diiwaangelinta iyo qalimaanta

VI. Lifaagyada

Lifaaga 1: Sahanka Qiimaynta Tababarka CyberParent

1. Fadlan qiimee s kuwan soo socda adoo ku dhex wareegaya hal jawaab

❖ **Macluumaadka ayaa ahaa mid wax ku ool ah**

Aad waxtar u ah 5 4 3 2 1 Aan Waxba tarayn

❖ **Macluumaadku wuxuu ahaa mid xiiso leh oo si fudud loo fahmi karo**

Aad u xiiso badan 5 4 3 2 1 Ma ahan mid xiiso leh

❖ **Waxaan fahamsanahay internetka iyo warbaahinta bulshada ay ka fiican yahiin waxii maanta ka dambeeya**

Aad u badan 5 4 3 2 1 Aan waxba lahayn

❖ **Waxaan fahamsanahay qaar ka mid ah khataraha internetka manta ka dib**

Aad u badan 5 4 3 2 1 Aan waxba lahayn

❖ **Waxaan dareemayaa sida aan u kormeeri karo ilmahayga internetka ka dib kulankan**

Aad u badan 5 4 3 2 1 Aan waxba lahayn

1. Ma isticmaalaysaa CyberParent WebApp maanta ka dib?

2. Maxaa ka dhigi lahaa CyberParent WebApp inay kuu sahlanaato inaad isticmaasho?

3. Luuqadee ayaad rabi lahayd inaad u adeegsato appkan

4. Macluumaadkan faa'iido ma leeyahay?

5. Miyaad macluumaadkan kula talin lahayd dadka kale?

Lifaaqa 2: Liiska Ka qaybqataha Tababarka Internetka ee CyberParent

Goobta: _____

Taariikh: _____

Magaca	Telefoon Lambar	Cinwaanka Emailka